#### **Buurtzorg**



Humanity over bureaucracy: How an innovative management model drives social impact around the world (The Buurtzorg Story)

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#### Agility - Better Worlds Conference 19.9.2018 Sydney

### Agenda

- Buurtzorg overview
- Buurtzorg Concept
- Results
- Buurtzorg in Asia
- Q&A



#### Buurtzorg: An unique success story





- Started in 2007 with 1 team / 4 nurses
- Delivering Community Care / working together GP's
- 2017: 10.000+ nurses in 1.000 self-organizing teams
- 4.200 care workers
- 50 staff at the back office, 18 coaches
- 80.000+ patients a year
- 400 million Euro revenue (2017)



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# Starting situation: Homecare in Holland 2006 (similar to most Western countries)

- Fragmentation of cure, care, prevention
- Standardization of care-activities
- Lower quality / higher costs and wrong incentives: delivering much care against low cost is profitable
- Scarcity of nurses
- No information on costs per client and outcomes
- Clients unhappy with care
- Professionals were very unhappy nurses do not want to work like factory workers!



### Buurtzorg's response to the situation in Holland: A disruptive change



#### The seven Buurtzorg key success factors



### First Coffee, then Care!

#### The seven Buurtzorg key success factors



## Working in neighborhoods with the Mission: Support independence!





Community care in close collaboration with GPs/doctors

## Another mission: Minimizing scarce and expensive nurse hours

#### Leveraging networks, minimizing nurse hours



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According to a KMPG study Buurtzorg delivers high quality care at 35.7% less care hours compared to market average!

#### The seven Buurtzorg key success factors



# Lean organisation: 10.000 nurses, 50 backoffice staff, 21 coaches, 2 managers





### Lean Management by self-organization in the teams

- Autonomy, no hierarchy, TRUST
- Reduction of complexity also by means of use of ICT
- Generalists: taking care for all type of patients
- 70% registered nurses / 40% bachelor degree
- Own education budget
- Informal networks are much more important than formal organizational structures
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## Strong ICT-platform BuurtzorgWeb to orchestrate decentral teams

Planning, Admin, KPIs, Quality, eLearning, Experience Sharing





Realtime & paperless – core working tool for nurses Making Admin work quality time with the patient

## OMAHA: A tool that helps nurses and institutions to work professionally

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- International (US) classification system of problems, interventions and outcome for care at home, not yet used in community care in China
- OMAHA covers the care management process: From assessment, care planning, process management to outcome evaluation, providing a strong and professional tool for nurses and institutions, is an indispensable tool for professional community care
- Every item has a unique code, providing detailed data for individuals, institutions and government in the future



### OMAHA: A tool that helps nurses and institutions to work professionally

#### Care plan based on the assessment

#### Vital signs measurement data analysis

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Assessment, planning and process management by OMAHA

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#### Process management of condition, cognition and behavior analysis

**Care report** 

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#### The seven Buurtzorg key success factors



# Highly efficient back office with rigorously standardized processes

50 people in 1 back office, taking care for 14.000 employees Back office taking care of inevitable bureaucracy, so the nurses won't be bothered with it ("serving") Tasks of back office:

• The care is charged

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- The employees are paid
- Making financial statements





# Continuous focus on keeping things small & simple

#### What we don't do

- No strategy meetings. In fact, no structured meetings at all....
- No policy making
- No (team)budgeting
- No formalized management of...
  - Customer relations
  - Supply chain

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- Human resources
- Communication or Public Relations

#### What we do

- Performance monitoring
- Learning from trends, discussions (Knowledge System)
- Stimulating innovation&learning
- Coaching "on demand"
- Quality System
- Focus on what nurses should do, not on how
- Roles and activities
- Buurtzorg academy

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#### All stakeholders extremely satisfied

#### Happy nurses: They just love their work!

- Thousands of nurses quit their job at traditional organizations and went to work for Buurtzorg
- They appreciate:

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- Working in small teams
- Working autonomously
- Independency
- Strong team spirit
- User-friendly ICT
- Award: best employer of the year 5 times in past 8 years

#### Happy clients: They just love the care!

- Highest satisfaction rates: Recently Dutch Healthcare Inspection inspected Buurtzorg based on 5 aspects. On all subjects Buurtzorg scored a 100%
- Dutch Zorgkaartnederland (independent organization): Based on 1410 questionnaires Buurtzorg has 9.1 out of 10!
- Strong support by patient organisations

Recent study by KPMG: Buurtzorg delivers best care at 35.7% less service hours/patient

#### Happy payors: Highly cost efficient!

All homecare by Buurtzorg would halve the cost in NL (Buurtzorgs model leads to more prevention, shorter period of care and less spending on overhead)



Dutch government stimulates other care organization to work like Buurtzorg

# Contribution of Buurtzorg to transformation in Dutch Long-Term Care (LTC)

Dutch LTC 15 years ago	New characteristics in Dutch LTC	Contributions of Buurtzorg	
Culture			
Focus on disease or disability	Focus on health or resilience (quality of life)	Holistic mindset, meaningful relation- ships of nurses, patients, social network	
<b>Taylorism:</b> hierarchy, top-down, focus on efficiency and standardization	<b>Self-management Paradigm:</b> bottom-up problem-solving, ownership, autonomy	Introducing the Self-Management paradigm	
Structure			
Financial structure that supports "production of care"	Financial structure that support prevention and health	One <b>average hourly fee</b> in which all products or services are grouped together	
Lack of societal integration of care stakeholders	Integrating long-term care in the local community	"Onion Model" of neighborhood care	
Practices			
Focus on rules, regulations and procedures: <b>bureaucracy driven</b>	Focus on <b>well-being of patient</b> : demand driven	Empowerment of patients and professionals in self-managed teams	
<b>Fragmentation</b> : task differentiation and multiple care professionals for one patient; lack of cooperation between healthcare providers	<b>Integration</b> : patient-oriented care tasks by small number of highly educated care professionals; patients best interest base for collaboration between providers	Integrated care delivered by community nurses, who build up meaningful relationship with patients and their social network	

Source: Francoise Johansen, Dutch Research Institute for Transitions(DRIFT), Erasmus University Rotterdam, Postbus 1738, 3000 DR Rotterdam, The Netherlands. Suzanne van den Bosch, SUSi-Independent Transition Researcher&Facilitator, Noordwijk, The Netherlands



## Albert Medal awarded to Jos de Blok for breakthrough innovating homecare



**The Albert Medal of the Royal Society of Arts (RSA)** was instituted in 1864. In presenting the Medal, the Society looks to acknowledge individuals, organizations and groups that lead progress and create positive change within contemporary society.

The impressive list of Albert Medal awardees comprises names like Michael Faraday, Carl Wilhelm Siemens, Louis Pasteur, Thomas Edison, Alexander Graham Bell, Sir Andrew Noble, Marie Curie, Franklin D. Roosevelt, Winston Churchill, Queen Elizabeth, Yehudi Menuhin or Stephen Hawking.

In November 2014 Jos de Blok was added to the list by receiving the Albert Medal for his pioneering role as founder and CEO of Buurtzorg, and to show how the movement can now spread to the rest of the world





#### Many publications all around the world

Buurtzorg: The Dutch word that could revolutionize healthcare | World Economic Forum

https://www.weforum.org/agenda/2017/06/the-dutch-communitycare-

revolution/?utm content=buffere9b2b&utm medium=social&ut m source=facebook.com&utm campaign=buffer&from=singlem essage&isappinstalled=0

What a group of Dutch nurses can teach Silicon Valley about the future of work https://www.linkedin.com/pulse/what-groupdutch-nurses-can-teach-silicon-valley-futureheimans/?published=t

Jos de Blok @ TedTalk http://tedxtalks.ted.com/video/Healthcare-humanity-above-burea Jos de Blok presentation when receiving the Albert medal: https://www.thersa.org/discover/videos/eventvideos/2014/11/Jos-de-Blok-on-Organizational-Structures

And many more articles, TV reports, conferences ...



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### Operations and projects in >25 countries

Asia Pacific: Operations (own legal entity) in

Japan, China, Taiwan and India **Pilot projects** in South Korea, Singapore, Hongkong, Australia **China operations in** Shanghai, Changzhou, Qingdao, Weifang Hangzhou, Chengdu and Ningbo (and soon in Fuzhou and Beijing)

In Australia initial focus on transformation consulting by our licensed partner Future Proof (<u>www.future-proof.com.au</u>)

## Asia is not Holland: Adaptations of Dutch model to the Asian markets

Local Asian market requires adaptations in team leadership, management and in the operating model.

#### Key differences between the West and Asian markets

- Home nursing not known in most countries
- Role of the community nurse does not exist
- Lack of care infrastructure in communities
- "Laoban culture" = "obey the boss"
- Nurses are used to work in hierarchies in hospitals and not deciding by themselves
- Nurses are **used to follow SOP's** and not to take initiative by themselves
- Lack of service culture/ lower level od responsibility among the nurses
- **Nurses do not perform ADL** work (e.g. support with personal hygiene)

#### Model adaptations

- Facility driven perception of trust, i.e. have facility = is trustworthy => need to have physical nurse stations
- **Broader scope of services** (mini-nursing home, day care center, home visiting nurse and care stations, medical stations)
- Stepwise building of the profession of community-nurse
- Hierarchies: Need a Lead nurse per team (50% lead role, 50% care); step by step transformation to less hierarchy and more self responsibility
- Acknowledgement of the **role of the caregivers** and active integration into care process (preferably from partner organizations)
- More management needs
- Marketing & sales function



### Preferred operating model in Asia: Integrated Care Center (IECC)

Integrated care center (IECC) model incorporates features of institutional care and home care. Four pillars: Nursing home for temporary stays, Day Care Center, Home care/nurse station, Medical Nurse Station



- One integrated station, closely linked to the local community, taking care for the elderly living in that community
- Different types of care levels according to the individual needs
- Efficient resource utilization, training and management due to resource exchangeability and short distances
- Preferred business model: Public Private Partnership (PPP) local government provides facilities
- 4 different models possible
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### Success model in Ningbo in CCRC Continued Care Retirement Community (Sungin Garden)





Benefit for Sungin Garden: Credible, best practice and high quality model for the care

## "First coffee, then Care" also in India: Start up with a "supervised Nurse-Attendants model"

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- B2C model/private pay
- Nurse attendants serving 12h/24h shifts
- 1 head nurse and 1 doctor do assessments, care plan and supervise 4 teams
- Partner is education company for rural young people → double social impact

#### Strong support by Dutch government and Royal Couple – 1st MoU in Tokyo in 2014



#### 2015 MoU signed for China with Dutch Prime Minister Rutte



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Prime Minister of the Kingdom of the Netherlands H.E. Mr. Mark Rutte 荷兰王国女相 2015 JV contract signed for China with Dutch King and Foreign Affairs Minister Koenders

### Royal Visit to China Majesties King Willem-Alexand n Máxima of the Netherlands to

His Majesty King Willem-Alexander of the Netherlands, Vice Health Minister van Rijn and Dutch Minister for Foreign Affairs Koenders witnessed signing ceremony

#### 2016 BZ Services Japan founding act with Dutch Health Minister Edith Schippers

Dutch Health Edith Schippers joins the signing ceremony of the shareholder agreement of Buurtzorg Services Japan on 21.10.2016

#### 2018 Introducing Buurtzorg to West Bengal Chief Minister and Finance Minister

Introducing Buurtzorg/Edugreen to the Chief Minister Ms Mamata Banerjee and Finance Minister Mr Amit Mitra of West Bengal

### More than 2.000 patients cared for in 2017 – A good base for scaling up in 2018!



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### 谢谢聆听

THANKS FOR YOUR ATTENTION